

Cathedral Connection

From the Dean: A Global Lent

"From lightning and tempest; from earthquake, fire and flood; from plague, pestilence and famine, Good Lord, deliver us."

"That it may please thee to show pity upon all prisoners and captives, the homeless and hungry, and all who are desolate and oppressed, We beseech thee to hear us good Lord."

"That it may please thee to support, help, and comfort with thy presence all who are in danger, necessity and tribulation, We beseech thee to hear us good Lord."

"That it may please thee to have mercy upon all mankind, We beseech thee to hear us good Lord."

- The Great Litany,
Book of Common Prayer

With these prayers we will open our liturgies on the First Sunday of Lent a few weeks from now. By then the country of Haiti will be a few weeks from the earthquake from which we pray to be delivered. The prayer is effective today, will be in three weeks and in three years. 'Deliver us not simply from an earthquake happening, but from the earthquakes that do happen.'

In Lent our focus is on relationships. We reflect on the frailty of human relationships to God, to each other and to the earth. The Great Litany speaks clearly of how we fail in those relationships and beseeches God to help us overcome those failings.

We do not stop there. Lent is not unto itself, it is preparation for Easter. It prepares us to live into God's resurrection, to overcome these frailties. "By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again."

Life with God is about being present in relationships. We are four years post Katrina appreciating how long it takes to rebuild a community. Yet the Gulf Coast and New Orleans are in a country whose overall infrastructure was not devastated in the 'tem-



pest'. They are in a country where the poverty level is not 80% of the population. How will the above prayers be answered in the coming weeks and in the coming years? How will they be answered in us?

It is moments such as this which reveal the integrity of our faith. It is moments such as this that declare the tangible reality of our belief and hope.

May God answer the above prayers. May God give support to those in necessity and tribulation. May relationships be healed and hope restored. May we see ourselves as the flesh through which those prayers will be answered.

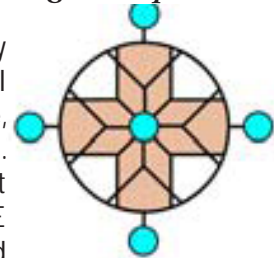
Peace,



Centers Offerings in February

Saturday Offering - Types of Religious Experience

Presenter: Jim Banks. February 6, 2010, The Cathedral of All Souls, 9 Swan St. Asheville, NC from 9:30 to Noon. Cost:\$5.00. Registration is not necessary. We meet in the CE Room between the church and the parish hall.



Saturday Offering - Art of Theological Reflection

Presenter: Layne Racht. March 6, 2010, The Cathedral of All Souls, 9 Swan St. Asheville, NC from 9:30 to Noon. Cost:\$5.00. Registration is not necessary. We meet in the CE Room between the church and the parish hall.

Lenten Labyrinth Quiet Day

Saturday, February 20, 2010, St. James, Black Mountain. The Labyrinth is an ancient pathway of prayer that involves the whole body. This day will provide opportunities to walk the labyrinth, reflect, journal and worship. If you have never walked a labyrinth or have walked it regularly, it makes no difference. This day is designed for anyone who would like to wander with a purpose. Come journey into Lent in the company of others using this ancient tool.

Registration: 9:30-10:00. Program: 10:00 - 3:00
Cost: \$20.00 includes lunch

Room in the Inn (RITI)

All Souls Cathedral participates in an outreach ministry that is a source of pride and inspiration. Room in the Inn (RITI) is a coalition of agencies that provides assistance to homeless women in the Asheville area.

Our most direct assistance to the women is to provide a week of lodging and food to these women in need. This occurs about once every six to eight weeks. During the second week of January, we provided services for about eight ladies per day.

Under the able direction of Mike and Susan Stevenson, teams are assembled for the week. These teams consist of people to prepare an evening meal, bag lunches for the next day and people to spend the night in the Parish Hall with the ladies. Sometimes those with special skills will provide extra services such as hair and nail care.

If you are looking for a special ministry contact Mike or Susan and join the team. You will be rewarded greatly.

Children First Christmas Wish List Thank You's

Here are two thank you notes from the parents of two families on the behalf of their children who we bought Christmas presents in December through Children First Christmas Wish List:

"Thank you for the Christmas presents, let God give you a lot of health and thank you very much for the kind gesture! Thank you, and God help you." (translated from Spanish)

"Thank you very much Emma Center and sponsors for the toys for my kids. God bless you guys very much. Merry Christmas."

- Lisa Sellers Ridge

It's not too late to join one of these classes:

Village: Cock-a-doodle-Moo! and Dew-Drops (Newborn to 18+ months, Wednesdays 11 am)

Our Time: Away We Go. (18 months to 3+ years, Wednesdays 10 am)

Imagine at: Toys I Make, Trips I Take (3- and 4-year olds, Thursdays 1:30.)

Young Child: Semester Two (4 ½ to 6, Wednesdays 1:15pm) New Students Welcome.



See <http://www.allsouls cathedral.org/music-choirs/kindermusik> for curricula descriptions.

Lora Scott: 649-2320 edorlora@charter.net

Calling all photographers!

A project is starting at the Cathedral to build a new collection of photographs of the grounds, buildings and everything else that makes the Cathedral beautiful.

Led by Wesley Duffee-Braun, the project's kickoff meeting will be Tuesday, February 23 at 5:30 pm in the Owen Library.

The project's focus is to spend a year photographing the church in all seasons, times and weather. Towards the end of the year, a goal is to explore publishing the works in a book for posterity.

Any and all photographers - no matter the skills, equipment and experience - are asked to please join us on February 23 in the Owen Library at 5:30.

You can always find the *All Souls Connection* online at <http://www.allsoulsconnection.org>
Be sure to visit for updates during the month!

Cathedral Connection

Nokes Award, from the Front Page

The Society recognized Betty by selecting her for the national Sunrise Award for Outstanding Service, the highest honor for a volunteer. She will travel to Long Beach, Ca., to receive the award. Her husband, Frank Quick, will accompany her.

Look Good ... Feel Better is a nation-wide collaboration between the Cancer Society, National Cosmology Association and the Personal Care Products Council Foundation. LGFG classes, led by trained volunteers such as Betty, provide beauty care and other information for women battling cancer and coping with the appearance-related side effects of treatment, such as hair loss.

For years, Betty has volunteered her skills as a cosmetologist to provide hands-on hair care for the guests of the Room in the Inn ministry at All Souls.

Susan Stevenson, coordinator of RITI at All Souls, said, "Betty has been with us since the RITI program began. She spends the night with our guests, bringing them cosmetics and other gifts and then a second evening with them doing their hair – cutting, dyeing, styling – whatever they request.

"When she spends the night," Susan continued, "Betty doesn't sleep. She cleans the church kitchen. She is wonderful with the ladies." When a recent illness prevented Betty doing hair care at RITI, she brought gifts of lotions, teas and hot chocolate.

In addition to Betty's work as a patient session facilitator and trainer of other volunteers, she conducts group Look Good sessions and volunteers as a counselor at Camp Bluebird, a residential camp for cancer patients.

Sarah Gayle, Asheville area community manager for the American Cancer Society, credits Betty with tremendous growth of the Look Good ... Feel Better program in Western North Carolina.

Betty lives in Mars Hill and conducts classes and trains volunteers over a wide area. She worked as a stylist for 12 years with JC Penney and 10 years as a salon manager for that company. "I spent a lot of time working with women going through cancer who came to the salon for wigs and help with their hair," Betty said.

- Nancy Marlowe

Active Military Prayer List

Brian McDowell, U.S. Army, Germany, son of Pat and Doug McDowell

Amanda McDowell, U.S. Air Force, Iraq, daughter of Pat and Doug McDowell

Paul Summey III, U.S. Air Force, Germany, son of Diane and Paul Summey

Jeremy Beal, U.S. Navy Seals, California, nephew of Diane and Paul Summey

Brent Moore IV, U.S. Marine Corps, Afghanistan and Okinawa, son of Robbin Brent Whittington

Cory P. Moore, 101st Airborne, USA, son of Robbin Brent Whittington

Justin Echols, U.S. Marine Corps, nephew of Russ Rhymer

Michael DiPrisco, pilot, Afghanistan & USA, grandson of Polly and Rob Gaylord

Michael Fallon, U.S. Navy, friend of Becky and Everett Fredholm

February Birthdays

1 Mary Alice Nard, Emily Neal, Ralph Schwarzkopf

2 John Napier Gardner, Chris Lynn

3 The Rev. Charlotte Cleghorn, Dr. David Garver, Joanna Maitland, Robert Pierce

4 Andy Harper, Sondra Marie Stamey

5 Taylor River Delac, Eryn Michelle Miller

6 Claire Garcia

7 Jamie Waggoner, James Pratt Jr, Katherine Van Gogh

9 Will Noel, Eric Ordnung, Jackie Rollins, Victoria

ompson, Dr. Jill Vargo

10 Andrew Wortas, Hannah Pennell, Kate Spooner

11 Lawrence Davis, Jackie Kemp, Raymond Rapp

12 Eileen Betty, Patricia Ann Hayes

13 Harold Rhyndance Jr, Omar Hamo, Richard Starr

14 Betsy Gardner, Miller Graves, Austen Dale Melton, Bradley Ware

15 Beverly Gaines, Alison Rose McKnight, Carolyn Pratt, Charlotte

Pritchett, Linda Vickery

16 Kelly Land, Emmie Fairhead

17 Roger Briggs, Scott Huebner

18 The Rev. Everett Fredholm, Sally Hearn, Marjorie

Hickman, Flora Konz

19 Donna Farrington, David Nard, Cary Owen, Eric Schlosser

20 Ellen Anastos, Rebekah Fredholm

22 Eli Colson, Fred Plimpton, James Ramming, Dr. Wade Saunders

III

23 David Henderson, Dr. Keith Green

24 Pamela Mumby, Electra Smith, Heather Stuart

25 Carolyn Gibson, Dr. Earl J. Rhoades, Jr

26 Mariah Auman, John Bellows, Ellen Marie Hoyle,

Charlotte Hutchinson

27 Scott Higgins, Thomas Myer, Sr

28 Dixie Ann Guthrie, Jane Henderson, Mary Anne Sorrells

29 Jacqueline Suzanne Combs, Brendan James Smith

February Anniversaries

5 Bob and Candy Peebles

7 Dr. Spencer and Marion Atwater, Randy and Phyllis Cook

9 Roger and Kate Henry

14 Starr and Virginia Teel

21 Dr. Ron Curran and David Henderson

23 Charlie and Cary Owen

Prayer Requests

Lynette McKinney; Ray Fittro; Christine; Sophie; Bob Spangler;

Billy Lester; Robert Wilder; Antoinette Walters; Robert

Poitras; Jim Walker; Ellen Hoyle; Linda Evans; Kathleen Flynn;

Mark Bell; Gwen Bold; Judi Pulliam; Chip Hundredmark;

Chester Combs; Patricia; Bobby Armstrong; Reva; Mattie; Chad

Henry; Elizabeth Jorgenson; Nanette Caldwell; Angel Miller; Dan

Feller; Greg Carter; William Dallomeyer; Rob Hanks; Mallory

Mantipty; Lib W; Carolyn Herman; and Glenn Guthrie

EYC Events for February and Beyond

Sunday School for all EYC meets in the Warner Building at 10:10 am

7th Soup-er Bowl Sunday

Bring a can of Soup for LFR and you will be "admitted" to our Super Bowl Party! Details TBA

14th St. Valentines Day!

Possible College trip fundraiser / dance party. Details TBA

16th EYC to host Shrove Tuesday Pancake Supper

Cooks, servers, decorators requested to arrive by 4pm for the 5:30-7pm event

21st Diocesan Ski Day at Cataloochee!

Cost \$25 skiing \$35 snowboarding and \$17 lift only. Meet at the Cathedral at 9:30am and we will carpool to Maggie Valley for worship, lunch and 1/2 day on the slopes! Registration is requested by February 7th

February 28th, March 14th & 28th

Lenten Series "Chillin at the Church" Group meal together and an a Creative Prayer Project

Looking Ahead...

March 5-7th Conference at Valle Crucis! (open to all 8th -12th grades)

March 21st Taize' pilgrimage group to host presentation for Diocesan youth

Summer Trips!

PYE Provential Youth Event Sunday June 27- Thursday July 1st, Smokey Mountains!

is event is an annual gathering of Episcopal Sr. High youth from the entire Southeast region.

Middle School Mission trip to Youthworks! site in Birmingham AL! Week of July 25th!



At the EYC Epiphany Bonfire at Camp Rockmont



EYC Caroling in Biltmore Village



Todd Donatelli and Evelyn Posey distribute poinsettias to the lucky winners at the volunteer luncheon



The Volunteer Luncheon

The Cathedral of All Souls
 9 Swan Street
 Asheville, NC 28803

Address Service Requested

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WORSHIP AT ALL SOULS					
<i>Date</i>	<i>Name/Season</i>	<i>First Lesson</i>	<i>Psalm</i>	<i>Epistle Lesson</i>	<i>Gospel</i>
February 7	Fifth Sunday after Epiphany	Isaiah 6:1-8[9-13]	Psalm 138	1 Corinthians 15:1-11	Luke 5:1-11
February 14	Last Sunday after Epiphany	Exodus 34:29-35	Psalm 99	2 Corinthians 3:12-4:2	Luke 9:28-36 [37-43a]
February 21	First Sunday in Lent	Deut 26:1-11	Ps 91:1-2,9-16	Romans 10:8b-13	Luke 4:1-13
February 28	Second Sunday in Lent	Gen 15:-12,17-18	Psalm 27	Philippians 3:17-4:1	Luke 13:31-35

WORSHIP SCHEDULE

Contemplative Evening Prayer—
 Tuesdays at 5:30 p.m.

Holy Eucharist—
 Wednesdays at noon and 5:45 p.m. and
 Sundays at 7:45, 9:00, and 11:15 a.m.

ALL SOULS OFFICE HOURS AND CONTACT INFORMATION

Hours: Monday-Friday 9:00 a.m. to 5:00 p.m.
 Telephone: (828) 274-2681 Fax: (828) 277-9461
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 Website: <http://www.allsouls cathedral.org>

ABOUT THE CATHEDRAL CONNECTION

The Cathedral Connection is published monthly in print and online at <http://www.allsoulsconnection.org> Deadline for the March issue is February 15. Email announcements to contact@allsoulsconnection.org

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